

TIFFIN DIVISION III REGIONAL TRACK MEET
WEDNESDAY - MAY 25 & FRIDAY - MAY 27
2016 FINAL MEET INSTRUCTIONS

1. The allotted number of passes for both Wednesday and Friday are distributed today - no additional passes will be provided for Friday.

2. **Coaches and non-participating athletes must remain in the stands for all running events and outside the restricted areas during the field events. We will follow the time schedule - have your athletes listen for calls on their events.**

3. Report any scratches to the clerk or field event judge - **competitor number changes must be submitted to the Meet Manager prior to the start of competition.**

4. Throwing implements used in the shot and discus, must be certified upon arrival - this will take place at the concession stand on the visitors side beginning at 3:00 on Wednesday and 4:00 Friday. We will use competition areas only for the shot and discus - no practicing on spare pads or after competition has been completed. Adherents to shoes are prohibited in the shot and discus. The High Jump & Long Jump will be contested using the "five alive" procedure.

5. Some blocks will be furnished, however athletes may use their own. Tape may be used for field event marking (except for a 10' radius at the high jump) - no chalk or tape is to be used for track marking. Tennis ball halves will be allowed at long as these items do not impede other athletes. Spikes must be 1/4" or less. Batons will be furnished!

6. Referee:	Kent Lamberson	Head Field Judge:	David Madaras
Starters:	Dave Hershey, Jim Hile, David Miller	Head Umpire:	Sue Roth
Clerks:	Jamie Bialecki, Dennis Sabo, Kristine Bauerle	Head Timer:	Jim Sellers

7. Awards: Individual awards will be presented to the first eight finishers in each event. In case of ties, duplicate awards will be presented later. Team awards will be presented to the championship and runner-up teams. Athletes will be instructed to report to the awards are right after their event is completed.

8. Starting heights:

Boys Pole vault	- 11'0" - raise 12" until 12'0" then 6" until 13'6" then 4" until one competitor remains
Girls Pole Vault	- 7'6" - raise 12" until 8'6" then 6" until 10' then 4" until one competitor remains
Boys High Jump	- 5'6" - raise 2" until 6'0" then 1" until one competitor remains
Girls High Jump	- 4'6" - raise 2" until 5'0" then 1" until one competitor remains

9. Qualifiers to State: The first four place finishers in each event qualify for the state tournament. Ties for a qualifying position will be broken according to OHSAA regulations.

10. Results will be available on Baumspage soon after the 4x400 M Relay on Friday.

11. Relay Cards - **Coaches are not to write in the "Prelims & Finals" section of the card.** Also, coaches need to sign the card.

12. Excused athletes - DO NOT LEAVE UNTIL 2ND CALL - REPORT BACK TO THE EVENT JUDGE IMMEDIATELY AFTER RACE - EVENT JUDGE WILL DETERMINE REST TIME!

13. Have a great meet! Please police camp areas prior to leaving

Thanks
Nate Lynch
Meet Manager